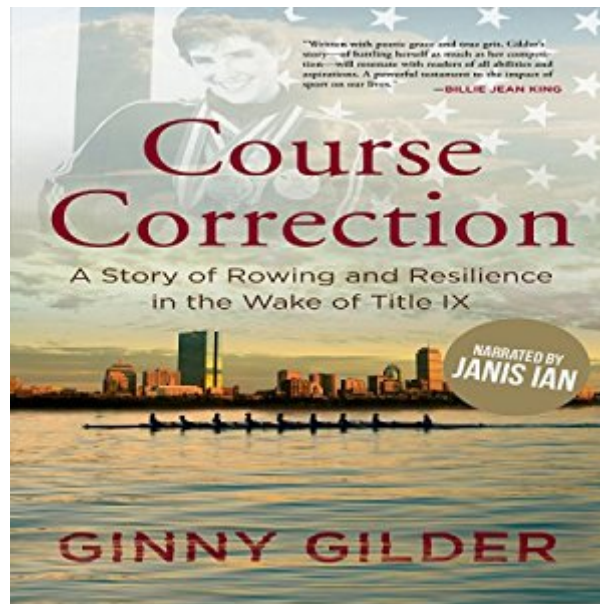


The book was found

Course Correction: A Story Of Rowing And Resilience In The Wake Of Title IX



Synopsis

Wild meets *The Boys in the Boat*, a memoir about the quest for Olympic gold and the triumph of love over fear. Forty years ago, when a young Ginny Gilder stood on the edge of Boston's Charles River and first saw a rowing shell in motion, it was love at first sight. Yearning to escape her family history, which included her mother's emotional unraveling and her father's singular focus on investment acumen as the ultimate trophy, Gilder discovered rowing at a pivotal moment in her life. Having grown up in an era when girls were only beginning to abandon the sidelines as observers and cheerleaders to become competitors and national champions, Gilder harbored no dreams of athletic stardom. Once at Yale, however, her operating assumptions changed nearly overnight when, as a freshman in 1975, she found her way to the university's rowing tanks in the gymnasium's cavernous basement. From her first strokes as a novice, Gilder found herself in a new world, training with Olympic rowers and participating in the famous Title IX naked protest, which helped define the movement for equality in college sports. Short, asthmatic, and stubborn, Gilder made the team against all odds and for the next 10 years devoted herself to answering a seemingly simple question: how badly do you want to go fast? *Course Correction* recounts the physical and psychological barriers Gilder overcame as she transformed into an elite athlete who reached the highest echelon of her sport. Set against the backdrop of unprecedented cultural change, Gilder's story personalizes the impact of Title IX, illustrating the life-changing lessons learned in sports but felt far beyond the athletic arena. Heartfelt and candid, Gilder recounts lessons learned from her journey as it wends its way from her first glimpse of an oar to the Olympic podium in 1984, carries her through family tragedy, strengthens her to accept her true sexual identity, and ultimately frees her to live her life.

Book Information

Audible Audio Edition

Listening Length: 10 hours and 36 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Love Hog Productions

Audible.com Release Date: June 20, 2016

Whispersync for Voice: Ready

Language: English

ASIN: B01H7U1BB2

Best Sellers Rank: #34 in Books > Law > Specialties > Sports #177 in Books > Sports & Outdoors > Miscellaneous > Olympic Games #220 in Books > Audible Audiobooks > Nonfiction > Law

Customer Reviews

Ginny Gilder's love affair with the sport of rowing (and the path that would eventually take her all the way to the Olympics) began when she happened upon a crew practicing on the Charles River as a teenager. An unhappy "problem child" in her dysfunctional, upper-crust family, Gilder welcomed the chance to prove her toughness and dedication in such an intriguing, elegant-looking sport, and she took the first opportunity she could - joining a group of young women at Yale who wanted to learn at a tryout practice. Though her coach was unimpressed with her size (as she was a self-described "shrimp" by rowing standards), Gilder quickly took to rowing and found herself competing only six weeks into the season. Blessed with other strong and dedicated teammates, several of whom would go on to medal in the Olympics, Gilder became accustomed to winning, and she also found an unexpected sense of community, as she realized how dependent the sport was on teamwork. Gilder also helped to fight discrimination against women athletes, which was present when she was competing (Title IX was new then). Eventually, she became determined to compete internationally, and despite negativity from those instructing her, as well as difficulties with asthma, Gilder managed to triumph there, as well. She also began to come to terms with her sexuality and take steps toward becoming happier, both professionally and personally, as she realized that she did not necessarily have to repeat her own parents' mistakes. Gilder tells an unflinchingly honest story that is as honest with her own mistakes and weaknesses as she is describing her family's. She manages to convey both the beauty and the pain of the sport of rowing well, and it's easy to cheer her on as she moves forward to achieving her goal.

[Download to continue reading...](#)

Course Correction: A Story of Rowing and Resilience in the Wake of Title IX Canoe and Boat Building: A Complete Manual for Amateurs. Containing Plain and Comprehensive Directions for the Construction of Canoes, Rowing and Sailing Boats and Hunting Craft Boat Building Simplified - Being a Practical Guide to the 'Ashcroft' Method of Building, Rowing, Sailing and Motor Boats Tongue Thrust Book: Oral Myofunctional Therapy And Articulation Correction Quantum Error Correction How to Improve Posture: Achieve Perfect Posture with These 20 Easy Posture Correction Tips A Majestic Correction Rowing to Latitude: Journeys Along the Arctic's Edge An Englishman Aboard: Discovering France in a Rowing Boat Python: PYTHON CRASH COURSE -

Beginner's Course To Learn The Basics Of Python Programming In 24 Hours!: (Python, Python Programming, Python for Dummies, Python for Beginners, python crash course) Resilience: Two Sisters and a Story of Mental Illness What Stands in a Storm: A True Story of Love and Resilience in the Worst Superstorm in History Chest Radiology: Plain Film Patterns and Differential Diagnoses, Expert Consult - Online and Print, 6e (Expert Consult Title: Online + Print) How to Make Curtains: Measuring and Making the Perfect Window Coverings for Every Room in Your Home. A Storey BASICSÂ® Title Easements Relating to Land Surveying and Title Examination [OSHA]The Complete Code of Federal Regulations Title 29 - Labor - includes OSHA parts 1910 and 1926 [2016] Getting in the Game: Title IX and the Women's Sports Revolution (Critical America) The Complete Code of Federal Regulations, Title 21, Food And Drugs, FDA Regulations, 2016 A Place on the Team: The Triumph and Tragedy of Title IX Case Reviews in Ophthalmology: Expert Consult - Online and Print, 1e (Expert Consult Title: Online + Print)

[Dmca](#)